

TANJA FAYLENE WOLOSHEN

Dance Artist / Movement Specialist / Educator

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UNIVERSITY

2015 - 2017 U Winnipeg - BA Education (MB)
 2010 - 2013 UBC Okanagan - MFA Dance and Gender Studies IGS (BC)
 2004 - 2010 U Winnipeg - BA Honours Theatre and Film (MB)

PROFESSIONAL DANCE CREATION + PERFORMANCE (recent selected)

Beautiful Loser 20 min | Nov 2021 | Art Holm at Videopool | Solo Choreographer + Designer + Dancer
Holy Wild 50 min | Aug 2017 | Cre8ery Gallery | Solo Exhibition/Performance Creation + Performance
A Quantum State 60min | Feb 2017 | Dollhouse Warming Hut at The Forks Market | One Trunk Theatre | Solo
 Choreographer + Dancer
Encounters Of The Man Kind 35 min. | Sept 2013 | Gas. St. Arts. Ctr. | Young Lungs Dance Exchange
 (YLDE): Production Series | Duet Choreographer
Cowmachine 1 | 15 min | Nov 2012 | Adhere & Deny | Adhere & Deny's Circus of Objects | Solo
 Choreographer + Dancer
puncturing the clouds | 12 min. | Nov 2012 | Gas St. Arts Ctr. | NAfro Dance's Moving Inspirations Dance
 Festival | Solo Choreographer + Dancer
Room for the Underdog | 3hr | May 2012 | Alternator Centre for Contemporary Art | MFA Thesis
 Performance | Solo Choreographer + Dancer
gesturing between utopia | 15 min | June 2011 | Gas. St. Arts. Ctr. | YLDE: Link | Solo Choreographer + Dancer
Traces | 2hr | Jan 2011 | Kelowna Art Gallery | Collaboration w/ V.Magnat & C.Leger vocals | Solo Dancer
lady rhizome | 4hr | Nov 2010 | Fina Gallery UBCO | Solo Dancer
The Doctrine of Signatures: i. Bloodroot. 15 min | July 2010 | Gas St.Arts. Ctr. | YLDE: Link | Choreographer
 + Dancer w/ Storyteller, hannah_g
The Drunken Song | 20 Min | Jan 2010 | Gas St. Arts. Ctr. | YLDE: No Idling | Group Choreographer + Dancer
Roar, tiger of the heart and tear me open. 15 min | Oct 2009 | Buddies in Bad Times | Buddies in Bad Times
 Hysteria Festival + Sept. 2008 | Colin Jackson Theatre | Sarasvati Prod. 'FEMFEST' + July
 2008 | Gas St. Arts Ctr. | YLDE: Link | Duet Choreographer + Dancer
puncturing the clouds | 12 Min | Jan 2009 | Gas St. Arts Ctr. | YLDE: No Idling | Solo Choreographer + Dancer
Kathleen | 20 Mins | Jan 2008 | Gas St. Arts Ctr. | YLDE: No Idling | Solo Creation + Dancer
"You would be amazed at the extent of my innocence." | 12 min | July 2007 | Gas St. Arts Ctr. YLDE: Link |
 Choreographer + Dancer

INTERPRETATION/ COLLABORATION/ PERFORMANCE (recent)

Current See (excerpt) | 15min | May 2017 | Spur Festival | choreography by Lise McMillan | Interpreter +
 Collaborator
Happy at the SAD | 2hr | Jan 2016 | RAW on the frozen Assiniboine River | directed by Ming Hon | Interpreter
Destroy She Said | 40min | Sept 2015 | Gas St.Arts. Ctr. direction by Mia Van Leeuvan for YLDE:
 Production Series | Dancer + Collaborator
Sedentary Nomad | 45min | June 2015 | site specific | choreography by Natasha Torres Garner | Dancer
Myriad Beings | 3min | April 2015 | Gas St. Arts Ctr. | choreography by Jolene Bailie for Gearshifting
 Performance Works | Dancer
Dancing With The Doctor | 60mins | March 2015 | Contemporary Art Museum of Raleigh | choreography by
 Sarah Anne Johnson | Dancer
Current See / 45min | Sept 2014 | Gas St. Arts Ctr. | choreography by Lise McMillan for YLDE: Production
 Series | Dancer

La Belle Laide | 45 mins | July 2014 | Manitoba Theatre Centre Warehouse | Winnipeg Fringe Festival | directed by Jacqueline Loewan | Actor/ Dancer

The House Left Standing | 70 min | May 2014 | Prairie Theatre Exchange | the Carol Shields Festival of New Works: new playwright: Pricilla Yakielashek | Actor/ Reader (Silvia)

Recycle This! 30 min | Sept/Oct/Nov 2013 | Green Kids Inc. Manitoba Elementary School Tour | directed by Daina Leitold | Actor

Hamlet as Told on the Streets 1 hr | July & August 2013| The Vault & Victoria School | Winnipeg & Saskatoon Fringe Theatre Fests | directed by Andrea Sartison for One Trunk Theatre | Actor/Dancer (Gertrude)

SWELL 60 min | Nov 2012 | Atomic | directed by Kathleen Amshoff | Actor/ Dancer

Red Socket Spine 30 min | Sept 2012 | Gas St. Arts Ctr. | YLDE: Production Series | Dancer + Collaborator

Green Space | 60 min | La Cite Francophone & Kelowna Art Gallery | Workshop West's Canoe Theatre Festival & Inner Fish | created by Denise Kenney & Neil Cadger for Inner Fish Performance Co. | Actor + Collaborator

FOREST (for a thousand years...) | 60 min | Sept 2011 | site specific/ forest | Sound/ Vocal Scoring | direction Janet Cardiff & George Miller | Sound Improviser

The Lovers Do Not Have Time to Sleep! They Do Not Have Time to Eat |15 min | site specific | The Forks' Barge Fest | created by Coral Maloney | Dancer

Soundcan: The Art of Public Noise | 30-60 min | site specific | Utrecht/ Beilfeld/ Ghent/ Berlin | Performance Studies International Conference PSI # 17 + tour | Inner Fish Performance Co. | Performer + Collaborator

Dancing with the Doctor 50 mins | Feb 2010 | aceartinc.. | exhibition choreography: Sarah Anne Johnson | Dancer

Lust and Remembrance | 12 min | July 2009 | Gas. St. Theatre | YLDE: Link | choreography by Alexandra Elliott | Dancer

CHOREOGRAPHY

Western Chronicle 15 min | Aug 2021 | Site Specific | One Trunk Theatre | directed by Andraea Sartison

Peer Gynt 90 min | Jan 2019 | Black Hole Theatre | U Manitoba | directed by Christopher Johnson

A Short History of Crazy Bone 60 min | March 2018 | Cercle Moliere | Theatre Projects Manitoba | directed by Andraea Sartison

Faust(us) 140 min | March 2013 | Asper Theatre Ctr | The UWinnipeg Dept. of Theatre and Film | directed by Christopher Brauer

Chainsaw Ballet 7 min | Oct 2010 | Woodhaven Park | inner fish performance co. | co-choreographed with Denise Kenney

COLLECTIVE PROJECTS

"How To Raise a Ghost?" | THE HAPPY PHANTOMS COLLECTIVE | 2019/20 | Founded by Mia S. van Leeuwen, Ming Hon, Natasha Torres-Garner & Tanja Faylene Woloshen

TEACHING/ FACILITATING/ MENTORSHIP (recent selected)

2021-22 **Kelvin High School** (MB) Dance, Visual Arts

2021 **Fill the (W)hole Theatre Company** Movement Mentorship

2020 - 21 **Grant Park High School** (MB) Drama, Drama Improvisation

2015 - current **Winnipeg Holistic Expressive Arts Therapy Institute (WHEAT)** (MB) Faculty
Instructor: Butoh Movement; Movement in Expressive Arts Therapy

2019 - 20 **Grant Park High School** (MB) Dance

2019 **Walk & Talk Theatre Company** Movement for Actors Specialist/ Mentorship

2019 **Self-produced** Butoh Body Freedom Fall Session

2019 **Sarasvati Launchpad Project** (MB) Movement for Actors Specialist/ Mentorship

2019 **Winnipeg Holistic Expressive Arts Therapy Institute (WHEAT)** (ON) 2 full days Guest

- Movement Educator/ - Moving to Express
- 2019 **Self-produced** Butoh Body Freedom Spring Session
- 2019 **University of Lethbridge** (AB) Guest Artist - Butoh for the Actor
- 2018 **University of Winnipeg** (MB) Sessional Instructor - Acting Theatre and Practice
- 2018 **Winnipeg Holistic Expressive Arts Therapy Institute (WHEAT)** Intro to Expressive Arts Therapy: An Indigenous Perspective (co-teaching 10 Day Course) (ON)
- 2017 - 2018 **Dufferin School** (MB) Performance & Arts Inquiry
- 2017 - 2019 **Prairie Theatre Exchange** (MB) Being Radical: Dance, Movement, Introduction to Theatre
- 2015 - 2016 **Royal Winnipeg Ballet** (MB) Adult Modern, Intermediate Advanced Modern
- 2005 - 2018 **Manitoba Theatre for Young People** (MB) Junior Acting, At Risk Program
- 2018 **Alliance for Arts Education in Manitoba (MB) Artspark: Building Bridges Through Education and the Arts:** Bodies of Bridges: Knowing the Self through Art and Dance
- 2016 - 2018 **Theatre Projects Manitoba** (MB) Butoh Dance Training for 2017/18 Season
- 2013 - 2017 **Engaging Fusion** (MB) Dance Artist with Winnipeg School Division
- 2016 **Lertah International School** (Thailand) Dance, Art, Health, Social Studies
- 2016 **“Paris To Kyiv Fragment Remixes” CD Launch (MB)** Mia van Leeuwen’s dance performance Movement Consultant
- 2015 - 2016 **St. John’s High School** (MB) Practicum Dance Teacher
- 2014 **Theatre By The River** (MB) for The Cherry Orchard CHEKOVFEST Movement Consultant
- 2013 - 2014 **Young Lungs Dance Exchange: Research Series** (MB) Movement Mentor for Zorya Arrow
- 2007 - 2014 **Osborne Street Dance Club** (MB) Contemporary Dance, Ballet
- 2013 **Velocity Dance Center** (WA) Speakeasy panel participant: The Engendering Project: Ever Betweening (WA)
- Cornish College of the Arts** (WA) Guest Instructor - Butoh Dance
- University of Winnipeg** (MB) Sessional Instructor - Advanced Movement for Actors I & Advanced Movement for Actors II
- 2012 **University of Winnipeg** (MB) Teacher Assistantships: Principles of Physical Training for the Actor, Advanced Movement for Actors I, Advanced Movement for Actors II
- UBC Okanagan** (BC) Sessional Instructor- The Actor’s Process, Improvisation: The Body in Performance
- 2010 - 2012 **UBC Okanagan** (BC) Graduate Teacher Assistantship: Improvisation: The Body in Performance, Creative and Critical Studies Forum, Devised Theatre
- UBC Okanagan** (BC) Guest Instructor - Contact Improvisation
- 2008 - 2010 **Monica’s Danz Gym** (MB) -Contemporary dance
- 2006 - 2010 **University of Winnipeg** Teacher Assistantships: Principles of Physical Training for the Actor, Movement for Actors, Intro to Theatre Performance, Intro Dance for Musical Theatre
- 2006 - 2008 **Wellness Institute at Seven Oakes Hospital** (MB)- Parent n Tots, Pre-Ballet, Movin’ Up, Global Rhythms, Jazz, Contemporary Dance & Hip Hop

FILM

- 2014 **ungoverned heart** | 4 min | Directed by caroline | Dancer
- 2011 **yet untitled** 10 min | Directed by Michael V. Smith | Movement Director + Dancer
- 2010 **Chainsaw Ballet** 5 min | Directed by Denise Kenney for Inner Fish | Co-Choreographer
- 2009 **Sitka** 5 min | Directed by Olga Zirata for Winnipeg Film Group | Dancer
- 2009 **Dream** 7 min | Directed by Andrew Milne for Winnipeg Film Group | Movement Director + Dancer
- 2007 **The Stone Angel** 90 min | Directed by Kari Skogland | Featured Dancer

PUBLICATIONS

- 2012 **KATALOG: Issue 5: Exertion** (Winter/ Spring) Central Canadian Centre for Performance. Features material about my work *gesturing between utopia*

- 2011 **Whatever Else.** (June) Intercopy: Features performance footsteps from my work *Doctrine of Signatures: i.Bloodroot*

CONFERENCES

- 2021 **National Dance Education Organization (NDEO)** 23rd Annual Conference: TELLING OUR STORIES: The Essentiality of Dance Education in Changing Times (Virtual, To, ON) | Presenter of personal research: *Hope Through The Body Of Darkness*
- 2019 **Canadian Network for Arts and Learning** Bi-Annual Conference: Creative Convergence (Wpg, MB) | Presenter of personal research: *Dance as a Decolonizing Process*
- 2019 **Dance Studies Association (DSA)** Annual Conference: Dancing In Common (Ev, IL) | Presenter of personal research: *Dance as a Decolonizing Process*
- 2017 **International Expressive Arts Therapy Association (IEATA)** Annual Conference: Indigenous Approaches to Expressive Arts Therapy (Wpg, MB) | Presenter of personal research: *Dance as a Decolonizing Process*
- 2017 **ASIATOPIA Performance Conference** Annual S.E. Asia Conference (Thailand, BKK) | Guest
- 2012 **Interdisciplinary Graduate Students Association** Annual International Conference: Borders and Border Crossings (Kel, BC) | Presenter of personal research: *Gesturing Between Utopia*
- 2011 **Performance Studies International (PSi) #17:** Technology Memory Experience | Annual Conference (Utrecht, NL) | Presenter with Inner Fish Co. *Soundcans*

PERFORMANCE SOURCEWORK/ UNDERSTUDY/ WARDRODE (recent)

- 2019 **Artist in Residence** via Young Lungs Dance Exchange: Research Series (MB)
- 2018 **Dance Researcher/ Resident** at Dance Victoria (BC)
- 2015 **Dance Researcher** via Manitoba Arts Council: Churchill Residency Program (MB)
- 2014 **Dance Researcher** via Young Lungs Dance Exchange: Research Series (MB)
- 2012 - 2014 **Theatre Research Group** Performer | Dir. Tom Stroud (MB)
- 2009 **The Rite** (full length. group.) Dancer/Actor/ | Direction by Tom Stroud, Ian Mozdzen & Natasha Torres Garner (MB)

TRAINING

CONTEMPORARY DANCE: Tom Stroud, Treasure Waddell, Josee Garant, Cheryl Flaharty, Chick Snipper, Barbara Bourget, Cornelius Fischer-Credo, Melissa Monteros **IMPROVISATION / CONTACT:** Helen Walkley, Peter Bingham, Jaci Metivier, Ali Robson, Tom Stroud **BUTOH:** Yukio Waguri, SU-EN, Cheryl Flaharty, Lori O'Tani, Jay Hirabayashi, Denise Fujiwara, Yoshito Ohno, Minako Seki, Itto Morita, Vangelina, Tadashi Endo **BODY MIND CENTERING:** Helen Walkley **BALLET:** Sarah Brewer, Rachelle Vermette, Martha Nicholson, Johanne Gingras **JAZZ:** Vicki Adams-Willis, Hannah Stillwell, Michele Moss, Denise Clarke, Tannis Twerdun-Tymko **ACTING:** Cairn Moore, Wayne Nicklas, Brian Richardson **DEvised THEATRE:** Claire Borody, Tom Stroud **DIRECTING:** Christopher Brauer, Tom Stroud **DRAMATURGY:** Per Brask **YOGA:** Sheila Chutskoff, Laura Martini, Sari Levitt | **Trance Dance Facilitator Certification; Royal Winnipeg Ballet Teacher's Certificate**

WORKSHOPS (Selected)

- 2021 Gaga w/ Ohad Naharin (IL- Virtual)
Remembering Ohnos w/ Maureen Fleming (NY- Virtual)
- 2020 Body Resonance w/Yumiko Yoshioka (JP- Virtual)
- 2019 Intro to Butoh "Ma" & Performance Collaboration & Garden Performance w/ Tadashi Endo (NY)
- 2018 Mind Body Connections in Butoh w/ Vangelina (NY)
- 2018 Suzuki / Viewpoints w/ Thomas Morgan Jones (MB)
- 2016 Butoh Method w/ Itti Morita of GooSayTen (Japan)
- 2015 Isadora Duncan Studies w/ Jeanne Bresciani of NYC (MB)

- 2013 Movement & Voice w/ Marie Josée Chartier (MB)
 2012 Choreography w/ Susan Rethorst @ Dancemakers (ON), Improvisation & Performance w/ Susie Burpee + Peter Bingham (MB); Butoh w/ Yoshito Ohno, Butoh Zen Jazz w/ Jay Hirabayashi (BC); Repeating & Rewriting Distance Workshop w/ Lin Snelling & Guy Cools (BC); Live Art w/ Phil Soltanoff (BC)
 2011 Contemporary Technique & Composition w/ Davida Monk (MB), Whitsun Sun Butoh w/ Minako Seki (GE); Noguchi Taiso w/ Mari Osanai (BC); Physical Theatre w/ Ker Wells (BC)
 2010 Butoh Zen Jazz w/ Jay Hirabayashi (BC), Baby Tiger Training w/ BJ Galvan (MB)
 2009 Noguchi Taiso w/ Mari Osanai (MB), Contemplative Dance w/ Denise Fugiwara (ON)
 2007 Wreck Beach Butoh w/ Kokoro (BC), Worlds of Motion w/ Sharon Moore (MB)
 2006 Mascall Dance: W.O.W. w/ Susan Elliot, Amelia Itkush, Battery Opera (BC); Royal Winnipeg Ballet Teacher Training Certification (MB), Worlds of Motion w/ Sharon Moore (MB)

AWARDS & AFFILIATIONS:

- 2020 U Manitoba/ MAWA Micro-Grant
 2019 Manitoba Arts Council Create Grant for THE HAPPY PHANTOMS COLLECTIVE
 2019 Manitoba Arts Council Professional Development Grant
 2019 Manitoba Arts Council Create Grant
 2018 Manitoba Arts Council Travel Grant
 2019 - current *Manitoba Association for Dance Education* member
 2018 Manitoba Theatre Awards (Evies) “Outstanding Choreography or Fight Direction” *Nomination*
 2017 - current *Manitoba Association of Multi-age Educators* member
 2017 - current *International Expressive Arts Therapy Association* member
 2015 - current *Manitoba Association for Art Education* member
 2016 Dean’s Honour List: U Winnipeg
 2015 Manitoba Arts Council (MAC) Churchill Artist Residency Grant Recipient
 2015 *UNESCO International Dance Council* Member
 2014 - 2017 *Alliance for Arts Education in Manitoba* Board Member
 2013 Winnipeg Arts Council (WAC) Travel Grant Recipient
 2012 MAC Travel Grant Recipient
 2012 MAC Dance Production Grant Jury Member
 2011 Dancer Transition Resource Centre Member
 2011 UBCO MFA Thesis Award Recipient
 2011 MAC Student Bursary Recipient
 2010 MAC Student Bursary Recipient
 2008 MAC Student Bursary Grant Jury Member
 2007 MAC Travel Grant Recipient
 2007 WAC Travel Grant Recipient
 2007- 2014 YLDE Contributor & Board Member
 2006 MAC Travel Grant Recipient